



## WHAT WE OFFER

We assist people with disabilities and/or other barriers to find and maintain gainful employment. This programming is geared towards job readiness, through the provision of workshops and training seminars followed by assistance in finding gainful employment in Northern Manitoba communities with the support of a job coach.

## THE PROGRAM

For job seekers, we offer group-based or one-on-one based pre-employment skills training delivered through an individualized program of skill-building workshops and classroom activities. For employers, an employment development specialist can act as a resource and support.

**Hiring people with disabilities has many tangible benefits, the most important of which is allowing the person with a disability to be a part of their community.**

## SERVICES OFFERED

Skill-building workshops for job seekers include:

- Time management skills
- Coping strategies for dealing with stress
- Communication skills
- Interpersonal skills
- Budgeting
- Building self-esteem
- Workplace culture
- How to showcase talents/abilities in the workplace
- Career exploration/planning
- Resume development

